

**MARCH TO MAY** 

# CANYONING TOURS SPRING 2023

Come Canyoning with us in Tuscany and Liguria



## CANYONING TRIPS

This spring we organize one-, two- or three-day trips in the most beautiful Canyons of Tuscany and Liguria!

Choose from our tours and live unforgettable experiences surrounded by Nature!

What are you waiting for? Come with us to discover the fantastic world of Canyoning!





## OUR TRIPS

#### **TUSCANY - MASSA AREA**

- Canale degli Alberghi
- Canal Pianone

#### **TUSCANY - FORNACI DI BARGA AREA**

- Torrente Ania
- Rio Selvano

#### LIGURIA - ARENZANO AREA

- Rio Lerca
- Rio Prialunga

#### LIGURIA - ARMA DI TAGGIA AREA

- Rio Grognano + Rio Argentina
- Rio Santa Lucia
- Rio Barbaira



### Tuscany Massa

#### **Absails and breathtaking views!**

Set into Monte Contrario, two dry Canyons carved in marble. Impressive routes, characterized by a series of absails and beautiful deep narrow sections!



#### CANAL PIANONE

- Approach 30min
- Descent 3h30
- Return 10min
- Highest absail 20m



#### CANAL DEGLI ALBERGHI

- Approach 1h15
- Descent 4h
- Return 15min
- Highest absail 35m

#### FULL EXPERIENCE! 2gg.

Level: medium-high

Min. age: 14

Participants: Min. 4 Max. 9

Price: 165€/person

**CHOOSE A CANYON! 1gg.** 

Participants: Min. 5 Max. 9

Price: 80€/person



## Toscana

#### Fornaci di Barga

#### Like in a fairy tale!

Very fun Canyons. A great way to spend the day between jumps, slides and abseils. Both pass through a green, enchanting environment, you'll feel like living in a fairy tale!



#### TORRENTE ANIA

- Approach 30min
- Descent 2h
- Return 10min
- Highest absail 15m



#### RIO SELVANO

- Approach 5min
- Descent 2h30
- Return 5min
- Highest absail 12m

#### FULL EXPERIENCE! 2gg.

**Level:** easy

Min. age: 12

Participants: Min. 4 Max. 9

Price: 145€/person

**CHOOSE A CANYON! 1gg.** 

Participants: Min. 5 Max. 9

Price: 70€/person



## Liguria

#### Arenzano

#### **Verticality and fun!**

Among the valleys of Mount Beigua, two Canyons with different characteristics. The first one full of jumps, slides and with an impressive morphology; the second one more technical, offers a series of abseils and wonderful hanging pools!



#### RIO LERCA

- Approach 45min
- Descent 4h
- Return 10min
- Highest absail 15m



#### RIO PRIALUNGA

- Approach 30min
- Descent 4h30
- Return 5min
- Highest absail 35m

#### FULL EXPERIENCE! 2gg.

Level: medium-high

Min. age: 14

Participants: Min. 4 Max. 9

Price: 165€/person

#### **CHOOSE ONE CANYON! 1gg.**

Participants: Min. 5 Max. 9

Price: 80€/person



## Liguria

#### Zona Arma di Taggia

#### On the adventure!

Stunning Canyons full of slides and absails! Crystal-clear pools, suggestive bottlenecks, ivy, lianas and limestone formations. Different from each other, together they're a combination of beauty and adrenaline!



#### RIO GROGNARDO + RIO ARGENTINA



#### RIO SANTA LUCIA



#### RIO BARBAIRA

- Approach 15min
- Descent 3h
- Return 15min
- Highest absail 15m
- Approach 40min
- Descent 3h30
- Return 10min
- Highest absail 16m
- Approach 50min
- Descent 4h
- Return 15min
- Highest absail 12m

#### **FULL EXPERIENCE! 3gg.**

Level: medium-high

**Min. age:** 14

Participants: Min. 4 Max. 9

Price: 225€/person

#### **CHOOSE TWO CANYONS! 2gg.**

Level: medium-easy

**Min. age:** 12

Partecipants: Min. 4 Max. 9

Price: 165€/person

#### **CHOOSE ONE CANYON! 1gg.**

Participants: Min. 5 Max. 9

Price:

Rio Grognardo + Argentina: 80€/person

Rio Santa Lucia: 70€/person

Rio Barbaira: 80€/person





## How to join

#### **CHOOSE THE TRIP**

We help you find the **right** experience for **you**.

We also offer options for a **first experience**.

If you are alone or your group does not reach the minimum number, we will make sure to place you in other **groups**.

#### **CHOOSE THE DATE**

Request **availability** for the **date** and **trips** of your choice! You can book an entire **weekend**, two or more **weekdays** and even **single** days (including holidays!).

There may be variations based on seasonal temperatures and weather conditions.

#### LIVE THE EXPERIENCE

We organize Canyoning experiences for you! We provide you with all the necessary technical equipment and recommend you Hotels, Campsites and Restaurants in your chosen area. All you have to do is enjoy the adventure!

\*booking and cancellation Terms and Conditions.

#### **Canyoning VDA**







